# Violence during russia's war in Ukraine

The russian war in Ukraine caused many psychological problems among Ukrainian civilians, refugees and its military forces.









In the post-Soviet territory, the legacy of the consequences of violence in the Second World War and the post-war period of repression is still felt fresh: there was a lot of violence, rape, and torture, but most of the information was hidden, crimes were not recorded, activists were condemned and persecuted.

Therefore, persistent stereotypes were formed in society: ignoring the facts of war crime, condemning victims, stigmatizing and shielding them.

## My experience

- I am a Doctor of Medicine who treats, both physically and psychologically, wounded soldiers, civilians and recently released Ukrainian POWs;
- I help forced migrants in new place with social, medical, psychological assistance;
- I assist victims of violence to restore their physical and mental health.

# Successful cases of psychological assistance











# "Angels of AZOV"

#### **Functions of the service:**

Medical and social assistance to the wounded and their relatives.

#### **Objective:**

- Rehabilitation
- Finding employment for veterans
- Assisting with dignified burial of the perished
- Providing help to relatives of the perished (wives, parents, children, unborn children)
- Providing care for recently released
  Ukrainian POWs and their relatives
- Providing the best medical, social, and psychological help with fulfillment of all bureaucratic procedures for recently released Ukrainian POWs
- Constant support

#### Results

Motivated and confident in their future and the future of their families, former soldiers **perform their work well**, **quickly rehabilitate**, and help others.

Understanding the future comprehensive support for a soldier who goes to fight (may die, be maimed, get captured) motivates them to perform his work, helps to recover faster from injuries, survive capture and its consequences.













# The First Voluntary Surgical Hospital

The private clinic with the European standard was repurposed as a hospital for military and civilians in 2022. It started with volunteer doctors from all over the country worked there. Currently it receives partial grant funding.

#### Objective:

- Free medical and psychological high-quality assistance to military personnel and displaced persons.
- Reconstructive operative treatment.
- Physical rehabilitation.
- Psychological and social rehabilitation by creating comfortable "home" conditions for stay:

good meals, excursions, concerts, exhibitions, plays, movies, etc.

#### Results

Fast and high-quality recovery of wounded soldiers, full socialization, appreciation of peaceful life, desire to protect it.

















### "Nash Sokil"

("Our Falcon")

#### **Objective:**

- Help evacuated displaced persons with limited mobility in ensuring a decent life, social status.
- Communication with displaced persons and staff of the institution (psychological assistance to both parties).
- Assistance to the military (not only Azov) by type of patronage service.
- Informing society about the psychological and social needs of displaced persons and military personnel.















#### **NGO SEMA Ukraine**

Victims of war violence who survived in the past organized a program of comprehensive psychological, medical, social assistance to \*SURVIVORS after captivity, occupation and other contacts with war.

#### Main areas of work:

- Providing help to SURVIVORS.
- Changing the perception of violence during the war in society.

<sup>\*</sup>this term is accepted as non-traumatic and motivating.







### Conclusion

Ukraine needs many specialists in the field of military operations, post-traumatic psychology, psychology of violence;

All employees of medical institutions, rehabilitation institutions, educational institutions, and social institutions must possess "pre-psychological" or basic skills of psychological assistance;









## Solution:

self-education, the help of qualified, experienced specialists, education program on the state level.