*CURRICULUM VITAE*

# DAVID M. BENEDEK, M.D.

**DATE/PLACE OF BIRTH:** 7 February 1964/Ann Arbor, MI

**MARRIED:** 13 October 1991

**DATE OF RANK:** 7 May 2009 (Retired from Active Duty, 1 June 2021)

**CURRENT ASSIGNMENT:** Professor, Department of Psychiatry, Uniformed

Services University of the Health Sciences F. Edward Hebert School of Medicine

Bethesda, MD

**ACADEMIC APPOINTMENT**: Professor of Psychiatry & Neuroscience

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|  | Uniformed Services University of the Health Sciences  F. Edward Hebert School of Medicine, Bethesda, MD |
| **MAILING ADDRESS:** | C/O Department of Psychiatry, USU Building B, 4301 Jones Bridge RD, Bethesda MD 20184 |
| **CONTACT:** | E-mail: [David.Benedek@usuhs.edu](mailto:David.Benedek@usuhs.edu) |
|  | Office phone 301-295-3293/9797 |

# EDUCATION:

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| 1998 | Completed Forensic Psychiatry Fellowship  Walter Reed Army Medical Center, Washington, D.C. |
| 1995 | Completed General Psychiatry Residency  Walter Reed Army Medical Center, Washington, DC |
| 1992 | Completed Psychiatry Internship  Walter Reed Army Medical Center, Washington, D.C. |

1991 M.D. Uniformed Services University of the Health Sciences, Bethesda, MD

1986 B.A. University of Virginia, Charlottesville, VA

## LICENSURE and SPECIALTY CERTIFICATION:

State of Michigan Medical License and Controlled Substance License (ID #4301062544)

State of Maryland Medical License #D0052157

Board Certified in Adult General Psychiatry, American Board of Psychiatry and Neurology, May 1997

Maintenance of Certification #43577, March 2007, December 2017 Added Qualifications in Forensic Psychiatry, American Board of Psychiatry and

Neurology, April 1998

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|  | Maintenance of Certification, #783 August 2009; Maintenance of Certification,(exam), October, 2019 |
| **CAREER** |  |
| 1987-1991 | Medical Student, Uniformed Services University of the Health Sciences |
|  | (USUHS), Bethesda, MD |
| 1991-1992 | Psychiatry Intern, Walter Reed Army Medical Center (WRAMC), |
|  | Washington, DC |
| 1992-1995 | Adult General Psychiatry Resident, WRAMC, Washington, DC |
| 1993-1997 | Instructor, PSY, USUHS |
| 1995-1997 | Division Psychiatrist, 1st Armor Division, Bad Kreutznach Germany, and |
|  | “Operation Joint Endeavor,” Bosnia & Herzogovenia (1996-1997) |
| 1997-1998 | Forensic Psychiatry Fellow, WRAMC |
| 1997-2002 | Asst. Professor, PSY, USUHS, Bethesda, MD |
| 1998-1999 | Assistant Chief, Inpatient Psychiatry Service, WRAMC, Washington DC |
|  | Vice President, Society of Uniformed Services Psychiatrists (SUSP) |
| 1999-2004 | Chief, Forensic Psychiatry Service, WRAMC, Washington DC |
|  | Director, National Capital Consortium (NCC) Forensic Psychiatry Fellowship, |
|  | Washington, DC |
| 2000-2002 | President, Society of Uniformed Service Psychiatrists |
| 2001-2004 | Deputy Consultant to US Army Surgeon General for Forensic Psychiatry |
| 2001-2002 | Chief, Psychiatry Service, Kimbrough Ambulatory Care, Fort Meade MD |
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| 2002 2003 | Acting Chief, Outpatient Behavioral Health Clinic, WRAMC |
| 2002-2008 | Assoc. Professor, PSY, USUHS |
| 2003-2005 | Vice President, Society of Uniformed Services Psychiatrists |
| 2004-2005 | Assistant Chair for Medical Student Education, Department of Psychiatry, |
|  | USUHS Scientist, Center for the Study of Traumatic Stress (CSTS), USUHS,  Bethesda MD |
| 2004-2008 | Consultant to US Army Surgeon General for Forensic Psychiatry |
| 2005-2008 | Assistant Chair for Education, Department of Psychiatry, USUHS and Senior  Scientist, CSTS |
| 2007-2009 | President, Society of Uniformed Services Psychiatrists |
| 2008- | Professor, PSY, USUHS |
| 2008- | Assoc. Director, CSTS, USUHS, Bethesda MD |
| 2009-2015 | Deputy Chair, Dept. of Psychiatry USUHS, Bethesda MD |
| 2010- | Professor of Neuroscience (secondary appointment), USUHS |
| 2009-2011 | Deputy Representative, Assembly of the American Psychiatric Association |
| 2011-2014 | Representative to the Assembly of the American Psychiatric Association |
| 2015-2017 | Chief, Forensics and Director, Center for Forensic Behavioral Sciences, |
|  | Walter Reed National Military Medical Center, Bethesda, MD |
| 2017- 2023 | Professor & Chair, Department of Psychiatry, Uniformed Services University |

School of Medicine, Bethesda, MD

2023 - Professor of Psychiatry & Neuroscience, Dept. of Psychiatry, Uniformed Services

University School of Medicine, Bethesda, MD

# MILITARY AWARDS AND PROFESSIONAL RECOGNITION:

2021 Army Legion of Merit—for outstanding service as Chair, Department of Psychiatry and Associate Director, Center for the Study of Traumatic Stress, Aug 2017-June 2021

2016 Defense Superior Service Medal—for exceptionally meritorious service as Deputy Chair, Department of Psychiatry and Associate Director, Center for Study Traumatic Stress, Uniformed Service University 5 July 2004-30 June 2015.

2015 Dean’s Impact Award, USUHS—for outstanding contributions to the school of Medicine, 1 June 2014-30 May 2015

2009 Order of Military Medical Merit

2008 Meritorious Service Medal (3rd OLC)—For service as Consultant to the US Army Surgeon General in Forensic Psychiatry, and contributions to policy development and advancement, 2004 - 2008.

2005 Distinguished Fellow, American Psychiatric Association

2004 Meritorious Service Medal (2nd OLC)—for exceptionally meritorious service as Director, National Capital Consortium Forensic Psychiatry Service and Chief, Forensic Psychiatry Service, Walter Reed Army Medical Center, Washington DC,

The US Army Surgeon General’s “A” Proficiency Designator

American Psychiatric Association Nancy C.A. Roeske M.D. Award for Excellence in Medical Student Education

Army Commendation Medal, (3rd OLC)—Meritorious achievement while providing support to the rescue and recovery operations in response to the 9-11 terrorist attack on the Pentagon

Council for International Cooperation Lieutenant General Claire L. Chennault Award for Outstanding Psychiatry Faculty Member, National Capital Consortium

2000 Meritorious Service Medal (1st OLC)—Exceptionally meritorious service while as Assistant Chief, Inpatient Psychiatry Service and Chief, Forensic

Psychiatry Service, Department of Psychiatry, WRAMC, 1998 - 2000

Army Commendation Medal (2nd OLC)—Meritorious dedication to patient care and medical staff professional development as Staff Psychiatrist, Kimbrough Ambulatory Care Center, Fort Meade, MD, 1999 - 2000

Army Commendation Medal (1st OLC)—Meritorious Service as Assistant Chief, Inpatient Psychiatry Service, Walter Reed AMC, 1998 - 1999

National Capital Consortium Psychiatry Residency PGY-2 and PGY-4 Teacher of the Year Awards

1997 Meritorious Service Medal--Exceptional Performance as a medical professional and as a soldier in Germany, Bosnia, and Croatia as 1st Armored Division Psychiatrist

Army Commendation Medal--Meritorious Service as Leader of Critical

Incident Debriefing Team in Dubrovnik, Croatia following Secretary Brown’s plane crash

1996 NATO Medal and Armed Forces Service Medal--Military Service in the Former Yugoslavia, January through November 1996

1995 Walter Reed Army Medical Center Department of Psychiatry Al Glass Award for Outstanding Contribution to the Field of Psychiatry by a Resident

Co-recipient, Walter Reed Army Medical Center Department of Psychiatry Kenneth

*Dec, 2023 David M. Benedek, M.D*

L. Artiss Award for Outstanding Contribution to Psychiatric Research by a Resident

1994 Burroughs-Welcome Fellowship to the 7th Annual U.S. Psychiatric Congress, Washington, D.C.

# RESEARCH & GRANTS:

Principle Investigator: “Firearm Behavioral Practices and Suicide Risk in Service Members and Veterans”

Sponsor: Centers for Disease Control and Prevention (CDC): $700,000. 2020 -

Principle Investigator: “Postmortem Analysis of Gene Expression in Posttraumatic Stress Disorder”

Sponsor: Uniformed Services University (CSTS): 2018-

Principle Investigator: Enhancing Fear Extinction via Angiotensin Type 1 Receptor Inhibition: A Randomized Controlled Trial in Posttraumatic Stress Disorder Sponsor: University of California, San Diego: $1,120,000. 2017-

Site Principle Investigator, Army Study to Assess Risk and Resilience in Soldiers (ARMY STARRS) & STARRS-Longitudinal Study I and STARRS-LS-Continuation (STARRS-LS ) Sponsors: NIMH: $60,000,000 (STARRS); Dept. of Defense: $70,000,000 (STARRS- LS/LSII) 2009-14; 2014 - 24

Principal Investigator: “Riluzole Augmentation for PTSD: Efficacy of a Glutamatergic Modulator”

Sponsor: Department of Defense: $1,661,610. 2012-15.

Principal Investigator: “National Capital Area Integrated Clinical Study Site for TBI and PTSD” Sponsor –Department of Defense: $1,500,000. 2008 - 15.

Co-Principal Investigator: “Initial Randomized Control Trial of Acceptance and Commitment Therapy (ACT) for Distress and Impairment in OEF/OIF Veterans” Sponsor- DoD: $300,000. 2009 - 15.

Site Principal Investigator: “A pilot safety and feasibility study of high dose left prefrontal transcranial magnetic stimulation (TMS) to rapidly stabilize suicidal veterans with PTSD.” Sponsor – Department of Defense: $300,000. 2009 - 13.

Co-Principal Investigator: “Mortuary Affairs Soldiers: Early Intervention and Altering Barriers to Care for traumatic Stress and PTSD” Sponsor—Department of Defense:

$1,500,000. 2008 - 12.

Co-Principal Investigator: “Acupuncture for treatment of trauma survivors” Walter Reed Army Medical Center Department of Clinical Investigation: Fund Source—US Congress:

$430,000.00 2004 - 8.

Principle Investigator: “Organizational Assessment of CDC Emergency Response Deployment Teams” Fund Source—CDC: $175,000. 2004 - 8.

Investigator: Psychological and Behavioral Responses in Florida Hurricane Disaster Workers” Fund Source—CDC: $120,000.00 2004 - 2008.

Investigator: “Industrial Preparedness for Terrorism”

Fund source—Alfred P. Sloan Foundation: $95,000. 2004 - 2005.

Principal Investigator: “Impact of Learning Climate on Medical Student Achievement.” Sponsor: Uniformed Services University 1993

Principle Investigator: “Effects of Selective Serotonin Reuptake Inhibitors on Thyroid Function in Depressed Patients.” WRAMC DCI –1995

Co-Principal Investigator: “Sertraline for Late Luteal Phase Dysphoric Disorder.” WRAMC DCI-1995

Co-investigator: Effects of Gender and Rank on Psychiatric Diagnosis and disposition in a Military Population. WRAMC DCI-1994.

# TEACHING & CURRICULUM DESIGN:

Course Co-Director, Medical Response to Military Sexual Trauma, Bench, Beside and Beyond Module, USUHS School of Medicine and graduate School of Nursing, 2017-

Course Co-Director, Ethical Issues in Psychiatric Practice, National Capital Consortium Adult General Psychiatry Residency, 2009-

Instructor, Center for Deployment Psychology, Topics in Deployment Psychology Course, 2007-13

Assistant Chair for Education, Dept. of Psychiatry, USUHS, 2005-2009

Course Director/Lecturer: Landmark Case and Core Concepts Seminar, NCC Forensic Psychiatry Fellowship Program, WRAMC, 1999 - 2004

Course Director/Lecturer: Military Landmark Case Seminar, NCC Forensic Psychiatry Fellowship Program, WRAMC, 1999-2004

Instructor, Uniformed Service University of the Health Sciences, Introduction to Military Emergency and Contingency Medicine Course, 2004 -

Instructor, Uniformed Services University of the Health Sciences Field Training Exercise BUSHMASTER, 1993, 1995, 1998, 2000-2001, 2005 – 2014, 2017-.

Preceptor, USUHS 3rd Year Medical Student Clinical Rotation on Psychiatry, 1997-

Small Group Leader, USUHS 2nd Year Medical Student Introduction to Human Behavior Course 1998-2011

Small Group Leader, USUHS 2nd year Ethical, Legal and Social Aspects of Medical Care, 2000-14, 2017-

Lecturer, Anxiety Disorders, Psychiatric Emergencies, Suicide, USUHS 2nd Year Medical Student Introduction to Human Behavior Course, 1998 – 2008.

Lecturer, Principles of Battle Fatigue and Operational Psychiatry, USUHS 4th Year Military Medicine Course, 1999 – 2008.

Lecturer, Anxiety Disorders, USUHS 3rd Year Clinical Rotation in Psychiatry, Walter Reed Army Medical Center, 1998 – 2008.

Director, USUHS 3rd and 4th year Clinical Rotations in Forensic Psychiatry, 1999 - 2004

Instructor, Uniformed Services University of the Health Sciences Introduction to Clinical Medicine Interview Course, 1994, 1998, 2005 – 2012

Director, NCC General Psychiatry Residency, Community Psychiatry Clinical Rotation and Course, 1999 - 2000

Director, NCC General Psychiatry Residency Forensic Psychiatry Course, 1999 - 2004 Co- director, NCC General Psychiatry Residency Forensic Psychiatry Course, 1998 - 1999.

Course Director, Walter Reed Army Medical Center PGY-II Case Conference and Interview Course, 1994

# PROFESSIONAL ACTIVITIES & AFFILIATIONS:

## Professional Associations:

Member, Group for the Advancement for Psychiatry, Committee of Military and Veterans, 2018-

Member, American Academy of Psychiatry and the Law, 1999- Member, American Psychiatric Association, 1989-

Member, Association of Directors of Forensic Psychiatry Fellowships, 2000-2004 Member, Society of Medical Consultants for the Armed Forces, 2008

Member, American Medical Association, 1991- Member, Washington DC Academy of Medicine, 2015-

## Committees, Task Forces and Advisory Boards:

Member, Project HERO-NY Task Force to Develop Resiliency Training for Frontline COVID-19 Workers, Governor of NYC/New Nork City Health and Hospitals, 2020-

Member, Veterans Administration National Center for PTSD, Expert Scientific Research Advisory Panel

Consultant, Virginia Interagency Executive Committee on Military Members and Veterans-- 2019

Consultant, Global Forum on Innovation in Health Profession Education, National The National Academies of Science, Engineering and Medicine, 2018**-**

Member, American Association of Orthopedic Surgeons, Committee for Clinical Practice Guideline Committee on Early Screening for Psychosocial Risk and Protective Factors in Trauma, 2018-2019

Consultant, FBI Las Vegas Shooting Review Panel, 2017 - 2019

Steering Committee Member & Director, Diagnostic Core, V.A. National PTSD Brain Bank 2014-

Associate Director, Uniformed Services University Center for the Study of Traumatic Stress, 2008 -

External Scientific Advisory Board, Ohio National Guard “Risk and Resilience Factors for Combat-Related Posttraumatic Psychopathology and Post Combat Adjustment,” 2008 - 13

Associate Editor: “Journal of Nervous and Mental Disorders,” 2010 -

Editorial Advisory Board, “Psychiatry: Interpersonal and Biological Processes,” 2007-

Member, Uniformed Service University Committee on Appointments, Promotion and Tenure, 2009 - 2012

Consultant, American Psychiatric Association Committee on Military Personnel, Veterans and their families, 2007 - 2009.

Consultant, White House Planning Council Task Force on Pandemic Influenza, 2006 - 2007 US Dept. of Veterans Affairs National Center for Posttraumatic Stress Disorder Educational Advisory Board, 2005 -

Representative, Uniformed Students University Student Promotions Committee, 2006 - 9

Chair, Uniformed Services University Department of Psychiatry Education Committee, 2005-2010.

National Institute of Health, Neuropsychiatric Clinical Trials Data Safety Monitoring Board, 2004 – 015.

Area Representative: American Psychiatric Association Committee on Confidentiality, 2001- 2007.

Consultant, American Psychiatric Association Practice Guideline Committee 2003 – 2005.

Consultant, American Psychiatric Association Commission on Judicial Action, 1999 – 2000.

Consultant, American Psychiatric Association Scientific Program Committee 1995 – 1996.

American Psychiatric Association (APA) Scientific Program, Video Subcommittee; Chaired numerous video seminars at APA Annual Meetings in 1991, 1992 and 1993.

## Academic & Leadership Positions:

Chair, Department of Psychiatry, Uniformed services University, 2017- Representative, Assembly of the American Psychiatric Association, 2012-14

Deputy Representative, Assembly of the American Psychiatric Association, 2009 – 12. Consultant to U.S. Army Surgeon General for Forensic Psychiatry, 2004 - 08.

Director, National Capital Consortium Forensic Psychiatry Fellowship Program and Chief, Forensic Psychiatry Service, Walter Reed Army Medical Center, Washington DC, 1999 2004

President, Society of Uniformed Services Psychiatrists, 2000 - 2002, 2007 – 2009. Deputy Consultant to the Army Surgeon General for Forensic Psychiatry, 2001 - 2004. President-Elect, Society of Uniformed Services Psychiatrists, 1999 - 2000, 2006 – 2007.

Vice President, Society of Uniformed services Psychiatrists, 1998 - 1999; re-elected 2003 - 2004 and 2004 - 2005.

Associate Professor of Psychiatry, Uniformed Services University of the Health Sciences 2002 - 2008.

Assistant Professor of Psychiatry, Uniformed Services University of the Health Sciences, 1997 – 2002.

Instructor, Uniformed Services University of the Health Sciences, 1993-1997.

## Other Educational Activities:

Consultant, American Academy of Orthopedic Surgeons Workgroup on Practice Guideline for Psychosocial Screening in Traumatic Injury, 2018 – 2019.

Deputy Chair, Department of Psychiatry, Uniformed Services University, 2009-15.

Assistant Chair for Education, Department of Psychiatry, Uniformed Services University, 2005 – 2009.

Scientific Advisory Board, VA National Center for PTSD, 2016 - Educational Advisory Board, VA National Center for PTSD, 2009 - 16

Consultant, Curriculum Development and Training: Psychological First Aid & Force Protection for CDC Deployment Resiliency and Safety Officers: 2006 – 10.

Curriculum Development and Training: Psychological First Aid for National Capital Area Social Workers, 2005 – 06.

Director, Walter Reed Army Medical Center 10th Forensic Psychiatry Symposium, April, 2000, 11th Forensic Psychiatry Symposium, May, 2001, and 12th Forensic Psychiatry Symposium, April 2002.

Medical School Candidate Interviewer, Uniformed Services University of the Health Sciences, 2001 -

Assistant Director, Walter Reed Army Medical Center 6th Annual Forensic Psychiatry Symposium, 1994

Member, Walter Reed Army Medical Center Department of Psychiatry Educational Policy Committee, 1993, 1999, 2000, 2001

Member, National Capital Consortium Graduate Medical Education Committee, 1999-2004

# PUBLICATIONS

## Original Articles:

Cornell DG, Benedek EP, and Benedek DM: Juvenile Homicide: Prior Adjustment and a Proposed Typology. *American Journal of Orthopsychiatry*, July 1987; 57(3): 383-393.

Cornell DG, Benedek EP, and Benedek DM: Characteristics of Adolescents Charged with Homicide: A Review of 72 Cases. *Behavioral Sciences and the Law*, 1987; 5(1): 11-23.

Hall, DP Jr., and Benedek DM, and Chang, A: Ultradian Cycles of Mood in Normal and Depressed Subjects, *Jefferson Journal of Psychiatry*, 1996; 13(1): 9-18. (APA-Dista Products Resident Research Award winner)

Labbate, LA, Benedek, DM: Bedside Stuffed Animals and Borderline Personality Disorder,

*Psychological Reports*, October, 1996:79(2):624-6.

Pincus S. and Benedek, DM: Mental Health and Operational Stress Control in the Former Yugoslavia: A Joint Endeavor*. Military Medicine*, June, 1998; 163(6): 358-62.

Young SA, Hurt PH, Benedek DM and Howard RS: Treatment of Premenstrual Dysphoric Disorder with Sertraline during the Luteal Phase: A Randomized, Double-Blind, PlaceboControlled Crossover Trial*, J Clin Psychiatry* 1998: 59: 76-80*.*

Lande, RG and Benedek DM: Forensic Psychiatry in the United States Military, *Journal of the American Academy of Psychiatry and the Law*, July 1998; 26(2): 295-304.

Holloway, H and Benedek, DM: The Changing Face of Terrorism and Military Psychiatry,

*Psychiatric Annals*, June, 1999; 29(6): 364-375.

Ritchie, EC and Benedek, DM: Legal Digest: Sharp V. Weston, *Journal of the American Academy of Psychiatry and the Law*, 2001, 29(3): 359-361.

Leavitt, WT and Benedek, DM: Legal Digest: Bailey V. Runyon, *Journal of the American Academy of Psychiatry and the Law*, 2001 29(3): 348-349.

Grieger, TA, Flynn, JA, and Benedek, DM: Hospitalized Patients with Schizoaffective Disorder: A Five Year Naturalistic Study, *Psychiatric Services*, 2002; 53:94-96.

Malone, RD and Benedek DM: I Could Tell You, But Then I’d Have to Kill You: Classified Material in the Psychiatric Interview, *Journal of the American Academy of Psychiatry and the La*w, 2002; 30(2): 232-237.

Benedek, DM, Holloway, HC, and Becker, SM: “Emergency Mental Health Management of Bioterrorism Events,” in *Emergency Medicine Clinics of North America*, Elsevier Science, 2002; 20(2): 393-407.

Malone, RD, Benedek, DM, and Carr RG: Occupational Psychiatry Services in a Military Setting, *Military Medicine*, December 2002.

Caruso KA, Benedek DM, and Auble PM, Bernet W: “Concealment of Psychopathology in Forensic Evaluations,” *Journal of the American Academy of Psychiatry and the Law*; 2003, 31(4): 444-450.

Lacy, TJ and Benedek, DM: Weapons of Mass Destruction: Managing the Behavioral Reaction in Primary Care, *Southern Medical Journal,* April 2003; 96(4).

Ursano, RJ, and Benedek DM: “Prisoners of war: long term health outcomes,” *The Lancet*, (Extreme medicine supplement), 362: S22-23: December 2003.

Benedek DM and Ursano RJ: “Beyond Post-traumatic Stress Disorder,” *Biosecurity and Bioterrorism*, 3(2): 2005, pp. 164-4.

Ritchie EC, Benedek DM, Carr-Malone RC, and Malone RD, “Military Psychiatry: An Update,” in *Psychiatric Clinics of North America*, Elsevier Science, 2006; 29(3): 695-707.

Grieger TA and Benedek DM, “Psychiatric Disorders Following Return from Combat during the Twenty-First Century,” *Primary Psychiatry*, 13(3); 2006, pp. 45-50.

Benedek DM and Ritchie EC: “Just-in-Time Mental Health Training and Surveillance for the Project HOPE Mission,” *Military Medicine*, (171): 2006, (October Supplement), pp. 63-65.

Vineburgh NT, Ursano RJ, Gifford RK, Benedek DM, and Fullerton CS: “Disaster Preparedness in the 21st Century,” *Journal of Employee Assistance*, (4th Quarter) 2006, pp.14- 17.

Benedek DM and Grieger TA: “Post-Deployment Violence and Antisocial Behavior: The Influence of Pre-deployment Factors, Warzone Experience, and PTSD,” *Primary Psychiatry*, 13(3): 2006, pp. 51-56.

Benedek DM, Ursano RJ, Fullerton CS, Vineburgh NT, and Gifford RK: “Responding to Workplace terrorism: Applying Military Models of behavioral Health and Public Health Response, *Journal of Workplace Behavioral Health*, 21(3/4): 2006, pp. 21-33.

Benedek DM, Schneider BJ, Bradley JC: “Psychiatric Medications for Deployment: An Update,” *Military Medicine*, 172(7): 681-685.

Terhakopian A and Benedek DM: “Hospital Disaster Preparedness: Mental and Behavioral Health Interventions for Infectious Disease Outbreaks and Bioterrorism Incidents,” *American Journal of Disaster Medicine,* 2(1): 2007, pp. 43-50.

Ursano RJ, Li H, Zhang L, Hough CJ, Fullerton CS, Benedek DM, Grieger TA, Holloway HC: Models of PTSD and traumatic stress: the importance of research “from bedside to bench to bedside” *Prog Brain Res* 167: 2007, pp. 203-15.

Hamaoka DA, Benedek DM, Fullerton CS, Ursano RJ: “Medical Students responses to an Inpatient Suicide: Opportunities for Support,” *Academic Psychiatry*, Sept - Oct 2007, 31 (5): 350-353.

Benedek DM and Fullerton CS: “Translating Five Essential Elements into Programs and Practice” A commentary on “Five Essential Elements of Immediate and Mid-Term Mass Trauma Intervention: Empirical Evidence,” In Psychiatry, 70(4): Winter, 2007.

Benedek DM, Ursano RJ: “Exposure to War as a Risk factor for Mental Disorders,” Public Library of Science Medicine 5(4): e83. doi: 10.1371/journal.pmed.0050082, 2008.

Vineburgh NT, Benedek DM, Fullerton CS, Gifford RK, Ursano RJ: “Workplace Resources for Crisis Management: Implications for public-private sector planning, policy and response to disasters,” *International Journal of Public Policy*, 2008, 3(5/6): 378-388.

Ursano RJ, Benedek DM, and Fullerton CS: “Posttraumatic Stress Disorder: Neurobiology, Psychology, and Public Health,” *Psychiatric Times*, March, 2008: pp16-20.

Benedek DM, Freidman MJ, Zatzick D, and Ursano RJ: “Guideline Watch” (March 2009): Practice Guidelines for the Treatment of Patients with Acute Stress Disorder and Posttraumatic Stress Disorder” APA, March, 2009, at: <http://www.psychiatryonline.com/content.aspx?aid=156498>

Ursano RJ, Zhang L, Li H, Johnson L, Carlton J, Fullerton CS, and Benedek DM: “PTSD and traumatic stress: from gene to community and bench to bedside,” Brain Research Quarterly, APR 2009 *J Brain Res* (E-pub ahead of press, at doi: 10.1016/j.brainres.2009.03.030)

Su T, Zhang L, Chung M, Chen Y, Bi Y, Chou Y, Barker JL, Barrett JE, Maric D, Li X, Li H, Webster MJ, Benedek D, Carlton JR and Ursano R: **“**Levels of the potential biomarker p11 in peripheral blood cells distinguish patients with PTSD from those with other major psychiatric disorders,” *J Psych Research*, 2009 Sep;43(13):1078-85. Epub 2009 April 19.

Zhang L, Li H, Benedek D, Li X and Ursano R: “A strategy for the development of biomarker tests for PTSD,” *Medical Hypotheses*, 2009 Sep;73(3):404-9. Epub 2009 May 6.

Benedek DM and Ursano RJ: “Understanding PTSD: From Phenomenology to Clinical Practice, *Focus* IX (2) 2009, 164-175.

Warner CH, Appenzeller GN, Grieger TA, Benedek DM and Roberts LW: “Ethical Considerations in Military Psychiatry,” in Roberts LW and Hoop JG eds., Ethics in Psychiatry: A Review.” Psychiatric Clinics of North America, June 2009, 32 (2), pp. 271 - 282.

Ursano RJ, Goldenberg M, Zhang L, Carlton J, Fullerton CS, Li H, Johnson L, Benedek, D: “Posttraumatic Stress Disorder and Traumatic Stress: From Bench to Bedside. From War to Disaster,” Ann N Y Acad Sci. 2010 Oct;1208: 72-81.

Lei Zhang, He Li, David Benedek, Xiaoxia Li, Robert Ursano. A strategy for the development of biomarker tests for PTSD. Medical Hypotheses 73 (2009), 404–409.

Hamaoka DA, Kilgore JA, Carlton J, Benedek DM, Ursano RJ, “Military and civilian disaster response and resilience: From gene to policy,” *Military Medicine*, 2010, 175(7 Suppl): 32-36.

Benedek DM, “Impact of soldier suicide on unit care givers: Implications for education and training,” *Psychiatry*,” 2011, 74(2): 124-126.

Lei Zhang, Tung-Ping Su, Kwang Choi, Webster Maree, Cheng-Ta Li, Ming-Yi

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Chung,Ying-Sheue Chen, Ya-Mei Bai, Yuan-Hwa Chou, Jeffery L. Barker, James E. Barrett, Xiao Xia Li, He Li, David M. Benedek, Robert Ursano, “P11 (S100A10) as a potential biomarker of psychiatric patients at risk of suicide Journal of Psychiatric Research (2011) 45: 435-441.

Benedek DM: “Posttraumatic Stress Disorder from Vietnam to Today: The Evolution of Understanding During Eugene Brody’s Tenure at the Journal of Nervous and Mental Disease,” *J Nerv Ment Dis*, 2011, 199 (8), pp. 544-552.

Zhang L, Li CT, Su TP, Hu XZ, Lanius RA, Webster MJ, Chung MY, Chen YS, Baj YM, Barker JL, Barrett JE, Li XX, Li H, Benedek DM, Ursano RJ: “P11 expression and PET in bipolar disorders,” *Journal of Psychiatric Research*, 2011, 45(11): 1426-1431.

Lang AJ, Schnurr PP, Jain S, Raman R, Walser R, Bolton E, Chabot A, Benedek D: “Evaluating transdiagnostic treatment for distress and impairment in veterans: A multi-site randomized controlled trial of Acceptance and Commitment Therapy” Contemporary Clinical Trials, 2012, 33(1), pp. 116 - 123.

Zhang L, Hu XZ, Li H, Li X, Smerin S, Benedek DM, Ursano RJ: “Startle response related genes,” *Medical Hypotheses*, 2011, 77(4): 685-691.

Robert J. Ursano, David M. Benedek, Charles C. Engel; Trauma Informed Care for Primary Care: The Lessons of War. Annals of Internal Medicine. 18 December 2012; 157(12):905906.

Jia M, Meng F, Smerin SE, Xing G, Zhang L, Su DM, Benedek DM, Ursano RJ, Su YA, Li H: “Biomarkers in an animal model for revealing neural, hematologic, and behavioral correlates of PTSD,” *Journal of Visualized Experiments*, 2012, 10(68): 3361.

Kwang CH, Le T, McGuire J, Coyner J, Higgs BW, Diglisic S, Johnson LR, Benedek DM, Ursano, RJ “Expression Profiles of Mitochondrial Genes in the Frontal Cortex and the Caudate Nucleus of Developing Humans and Mice Selectively Bred for High and Low Fear” PLoS ONE, 2012, 7(11): e49183. doi:10.1371/journal.pone.0049183

Gibbons, SW, Shafer M, Aramanda L, Hickling EJ, and Benedek DM, “Combat Health Care Providers and Resiliency: Adaptive Coping Mechanisms During and After Deployment.

*Psychological Services*, Jul 15, 2013

Zhang L, Hu X-Z, Benedek DM, Fullerton CS, Forsten RD, Naifeh JA, Li X, Li H, Benevides KN, Smerin S, Le T, Choi K and Ursano RJ. The interaction between stressful life events and leukocyte telomere length is associated with PTSD. *Molecular Psychiatry* advance online publication, 5 November 2013; doi:10.1038/mp.2013.141.

Zhang L, Benedek DM, Fullerton CS, Forsten RD, Naifeh JA, Li XX, Hu XZ, Li H, Jia M, Xing GQ, Benevides KN and Ursano, RJ: “PTSD risk is associated with BDNF Val66Met and BDNF overexpression,” *Molecular Psychiatry* , 2014 Jan;19(1):8-10.

George MS, Raman R, Benedek DM, Pelic CG, Grammer GG, Stokes KT, Schmidt M, Spiegel C, DeAlmeida N, Beaver KL, Borckardt JJ, Sun X, Jain S, & Stein MB: “A Two-Site

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# ABSTRACTS/POSTERS/PRESENTATIONS

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“Conflict in the Workplace,” Fort Detrick, Frederick, MD, Sep1997.

“The Medical Expert in Syndrome Testimony,” Judge Advocate General (JAG) School Case Managers Course, Charlottesville, VA, Aug 1997.

“Comprehensive Medical Legal Evaluations for Security Clearance,” Washington Headquarters Security Clearance Adjudication Facility, Crystal City, VA, July 1997.

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“Competency to Stand Trial and the Unabomber,” 9th Forensic Psychiatry Symposium, Walter Reed Army Medical Center, Washington, D.C., April 1999.

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“Court Room Consultant,” Army-Air Force Behavioral Sciences Short Course, San Antonio, TX, April 2000.

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“Diagnosis and Management of Combat-related Distress and Disorder,” Institute for Defense and Government Advancement, Washington, D.C., Mar 2006.

“Post-Deployment Adjustment Needs of Returning Veterans,” The Road Home: Meeting the Needs of Returning Veterans, Substance Abuse and Mental Health Administration, Washington, D.C., Mar 2006.

“Post-Deployment Management of Combat-Related Distress Reactions and Disorders,” Veterans Health Administration Counseling Center Team Leaders Meeting, Orlando, FL, Mar 2006.

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“Addressing the Mental Health Needs of First Responders in Public Health Emergencies, Natural Disasters, and Terrorist Events,” Harvard/NASMHPD Executive Leadership in State Mental Health Administration Lecture, National Association of State Mental Health Program Directors Meeting, Kissimmee, FL, June 2006.

“Translating Military Psychiatric Principles to Disaster and Terrorism Preparedness

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“Early interventions in Mass Violence and Disasters: Psychological First Aid and Grief Leadership.” National Capital Area Social Workers Continuing Professional Development Conference and Video-teleconference, Washington, D.C., Jan 2007.

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“Long term Engagement of Disaster Volunteers: Issues and Interventions,” Ohio Department of Mental Health, Joining Forces Conference, Columbus, OH, May 2007.

“Two views: Amok or responsible in a military hospital,” (peer review committee panelist), American Academy of Psychiatry and the Law, Miami, FL, Oct 2007.

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“Dimensions of Psychological Resilience,” Institute of Medicine of the National Academies Board on Military and Veterans Health Symposium on Neuroregeneration, Resilience and Recovery, Washington D.C., Dec 2007.

“Mental Health Issues in Courts Martial and Administrative Proceedings: Implications of the Ongoing Conflicts in Iraq and Afghanistan,” Annual Symposium of the New England Journal on Criminal and Civil Confinement, Boston MA, March 2008.

“Sanity Boards: Considerations in Military Commissions,” Officer’s Professional Development Course, Office of Military Commissions, Crystal City, VA, Mar 2008.

“Long-term Psychological Consequences of Blast Injuries,” National Institute of neurological Disorders and Stroke Blast Injuries Workshop, Rockville MD, Apr 2008.

“Panel Discussion: Synthesis of translational Implications,” USUHS Department of Psychiatry 3rd Annual Amygdala Conference, Bethesda MD, April 2008.

“PTSD Case Conference” (discussant), Annual meeting of American Psychiatric Association, Washington DC, May 2008

“Supporting Military Members and Their Families in Times of War: Needs, Challenges and Opportunities,” Annual Meeting of the American Psychiatric Association, Washington DC, May 2008.

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“Short-term and Intermediate Intervention in Disasters: Psychological First Aid and Grief leadership,” CSTS Disaster Mental Health Course, Naval Medical Center San Diego, San Diego, CA, Aug 2008.

“Sex and Gender in Combat-related PTSD: Similarities, Differences, and Open Questions,” Society for Women’s Health Research, Conference, Washington, DC, Dec 2008.

“Psychological Responses to Disaster, War, and Terrorism,” Grand Rounds, Department of Psychiatry, Wright State University, Boonshoft School of Medicine, Dayton OH, Feb 2009

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“Psychological First Aid and Early Intervention After Disasters,” Department of Emergency Medicine, Wright State University, Boonshoft School of Medicine, Dayton OH, Feb 2009.

“Military response to and preparedness for psychological consequences of terrorism: a public health approach,” George Washington University, Washington, DC, April 2009.

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“Neurobiology of PTSD,” Neurobiology of Chronic Disease Seminar, USUHS, Bethesda MD, June 2009.

Biggs, Q. M., Fullerton, C. S., Benedek, D. M., McCarroll, J. E., Newby, J. H., & Ursano, R.

J. Early care for psychological trauma: Innovations in teaching and delivery (poster). Education Day 2009, USUHS, Bethesda, MD, June 2009.

“The Impact of the Military Mission and Deployment on the Service Members,” National Child Traumatic Stress Network (NCTSN) Essentials for Those Who Care for Military Children and Families" Podcast, August 2009

“Combat Stress as a Medical Masquerader: Phenomenology Neurobiology and Management of Posttraumatic Stress Disorder Annual meeting of the Military Branch of the American College of Physicians, USUHS, Bethesda MD, Oct 2009

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J. Early intervention for posttraumatic stress disorder in Mortuary Affairs Soldiers. International Society for Traumatic Stress Studies Annual Meeting, Atlanta, GA, Nov 2009.

“Planning a Public Health Response to the Fort Hood Shootings,” National Association of State mental Health program Directors Winter Commissioners Meeting, Arlington, VA December 2009

“The Impact of the Military Mission and Deployment on the Service Members,” National Child Traumatic Stress Network (NCTSN) Essentials for Those Who Care for Military Children and Families" Master Speaker Series (webinar). April, 2010

“Personal Reactions to Sophocles’ ‘Ajax,’” 2nd Annual Faculty Presentation of Brian Doerries’ Theater of War (invited panelist), USUHS, Bethesda, MD April 2010

“What We are Learning About Risk Factors for Suicide in Military Populations,” Interagency Institute for Senior Medical Executives, Canadian Embassy, Washington DC, April 2010

“Suicide prevention research in the Acute Clinical Setting: Challenges and Opportunities,” DoD/VA Annual Suicide Prevention Conference, Boston, MS, March 2011

“Promoting Resilience In Disaster First responders: A Psychological First Aid-based Approach” Annual meeting of the Anxiety Disorders Association of America, New Orleans,

LA, March, 2011

“Recruitment in Clinical Trials” Injury and Traumatic Stress Clinical Consortium Meeting, Falls Church, VA, May 2011

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“Scope, Current Evidence and Innovative Approaches in Managing PTSD in the Military,” Annual Meeting of the American Psychiatric Association, Honolulu, HI. May 2011

“Collaborating with Primary Care in the Disaster Setting,” Annual Meeting of the American Psychiatric Association (discussant), Honolulu, HI, May 2011.

“Updates on Psychological Impacts of the Wars in Afghanistan and Iraq,” Annual Meeting of the American Psychiatric Association, Honolulu, HI, May 2011.

“Pharmacotherapy of PTSD,” (in Disaster Psychiatry Course), Annual Meeting of the American Psychiatric Association, Honolulu, HI, May 2011.

“Where Confidentiality Ends,” Law Day Symposium, USUHS, Bethesda MD, May 2011

“Fostering Resilience in Returning Combat Veterans,” New Jersey Veterans Affairs 8th Annual Best Outcomes, Best Practices Conference, Somerset, NJ, June 2011.

“Psychotherapeutic and Pharmacological Approaches to PTSD,” American Psychiatric Association Institute on Psychiatric Services, San Francisco, CA, October 2011

“Psychosocial Challenges for Returning Combat Veterans,” Annual Conference for Physical Evaluation Board Counselors, Arlington, VA, December 2011.

Biggs, Q. M., Fullerton, C. S., Gray, C., McCarroll, J. E., Benedek, D. M., Santiago, P., & Ursano, R. J. “Evidence for TEAM: A post deployment Psychological First Aid-based education program for U.S. Army Mortuary Affairs Soldiers.” (Poster) 4th Annual Trauma Spectrum Conference, National Institutes of Health, Bethesda, MD, December 2011.

“Scope, Current Evidence and Innovative Approaches in Managing PTSD in the Military,” Annual Meeting of the American Psychiatric Association, Philadelphia, PA. May 2012

“Collaborating with Primary Care in the Disaster Setting,” Annual Meeting of the American Psychiatric Association (discussant), Philadelphia, PA, May 2012.

“Updates on Psychological Impacts of the Wars in Afghanistan and Iraq,” Annual Meeting of the American Psychiatric Association, Philadelphia, May 2012.

“Pharmacotherapy of PTSD” and “Psychological First Aid,”(in Disaster Psychiatry Course), Annual Meeting of the American Psychiatric Association, Philadelphia, PA, May 2012.

“Assessment and Management of PTSD,” (Panel Chair), Henry M. Jackson Symposium,

Rockville, MD, September, 2012

“Emerging Treatments for PTSD,” 62nd Annual 38th Parallel Conference, Seoul, South Korea,

October 2012

“Practice Guidelines for the Treatment of PTSD,” 62nd Annual 38th Parallel Conference,

Seoul, South Korea, October 2012

“Pharmacological Treatment of PTSD” and “Psychological First Aid,”(in Disaster Psychiatry Course), Annual Meeting of the Las Vegas Psychiatric Society, Las Vegas, NV, February 2013.

“Epidemiology of PTSD,” in Advances in PTSD (Co-Chair and presenter), Annual Meeting of the American Psychiatric Association, San Francisco, CA, May 2013.

“Interactive Session Update on PTSD,” Annual Meeting of the American Psychiatric Association, San Francisco, CA, May 2013.

“Promoting Resilience in Embassy Personnel: A Psychological First Aid-based Approach,” Washington Psychiatric Society Conference on Embassy Response to Disasters, Embassy of Italy, Washington DC, September 2013

“A Randomized Trial of Acceptance and Commitment Therapy for Distress and Impairment in OEF/OIF/OND Veterans with PTSD, ” Paula P. Schnurr1,2, Ariel J. Lang, Rema Raman, Sonia Jain, Robyn Walser, Elisa Bolton, David Benedek, Sonya Norman, Patrick Sylvers, Laura Flashman, Jennifer Strauss, & Kathleen Chard, Annual Meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA, October 2013

“Information processing in combat-injured US military Service Members: An event-related brain potential analysis,” Massey, A.T., Duncan, C.C., Summers, A.C., Mirsky, A.F., Benedek, D.B., French, L.M. 53rd Annual meeting of the Society for Psychophysiological Research, Florence, Italy, October 2013.

“A randomized trial of Acceptance and Commitment Therapy for distress and impairment in OEF/OIF/OND Veterans.” In (A. J. Lang, Chair), Approaching Care from a Transdiagnostic Perspective Lang, A. J., Schnurr, P.P., Batten, S. V., Raman, R., Jain, S., Walser, R., Bolton, E., Benedek, D., Norman, S., Sylvers, P., Flashman, L., Strauss, J., & Chard, K. Annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN, November 2013.

“Military Response to Terrorism: A Public health Approach,” George Washington University, Washington DC, April 2014.

“Complementary and Alternative Approaches to PTSD” in Advances in PTSD (Co-Chair and presenter), Annual Meeting of the American Psychiatric Association, New York City, NY, May 2014.

“Interactive Session Update on PTSD,” Annual Meeting of the American Psychiatric Association, New York City, NY, May 2014.

“Military Cultural Competence: Impact on Research,” Annual Meeting of the American Psychiatric Association, New York City, NY, May 2014.

“Amerithrax and Insider Threat: Challenges and Opportunities at the Military-Civilian Interface,” Forensic Expert Behavioral Analysis Panel Briefing to American Red Cross and US Capitol, Washington, DC, June 2014.

“Military Mental Health Response to Terrorism,” George Washington University (Northern VA campus), Alexandria, VA November 2014.

“Update on Posttraumatic Stress Disorder: Phenomenology and Treatment,” Grand Rounds, Department of Psychiatry, Walter Reed National Military Medical Center, Bethesda, MD,

December, 2014

“PTSD: The Evolution of Diagnostic Conceptualization and Approach to Management,” George Washington University Medical School, Departments of Pharmacology and Psychiatry Seminar on the History of Mental Well-Being,” Washington, DC, December 2014.

“Military Mental Health Response to Terrorism: A Public Health Approach,” George Washington University, Washington DC, March 2015.

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“Combat Stress Reactions and Mental Disorders After Deployment,” in Care of Military Service Members, Veterans and their Families (Symposium), Annual Meeting of the American Psychiatric Association, Toronto, Ontario, Canada, May 2015.

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“Mental Health Crisis Management: The Military Perspective,” Annual Administrative Meeting of US Department of State Psychiatrists, Atlanta, GA, May, 2016.

“Last things First: Assessment of Competency for RCM 706 Boards,” Mid-Atlantic Region Training Conference (via video-teleconference), Washington, DC, Sep 19, 2016

“Expert Consultation and Testimony in Military Courts Martial,” Navy-Marine Corps Court of Criminal Appeals Annual Training Conference, Washington DC, Oct 3, 2016.

“Military Sexual Trauma: Expert Testimony in Military Courts Martial,” Annual Meeting of the American Academy of Psychiatry and the Law, Portland, OR, Oct 2016

“Forensic Aspects of the Treatment of Victims of Military Sexual Assault,” Artiss Symposium, Walter Reed National Military Medical Center, Bethesda, MD, June 2017

“Crisis Leadership: Behavioral Health Considerations,”(panel presentation), Crisis Leadership in Disasters Symposium, Uniformed Services University, Bethesda, MD, Sept 6, 2017.

“Risk and Protective Factors for Military Suicide: An Update,” Fall Meeting of the Psychiatric Society of Virginia, Virginia Beach VA, October 28, 2017.

“Crisis Leadership and Stress,” (panel moderator), Crisis Leadership Syposium: Promoting Emotional & Mental Well-being, Uniformed Services University, Bethesda, MD, April, 2018

Dempsey CL, Benedek DM, Nock MK, Wang L, Ng TH, Riggs C, Long W, & Caulfield N, “The Protective Effects of Social Support Networks among U.S. Army Soldiers,”(poster), 12th Annual Amygdala, Stress and PTSD Conference, Bethesda, MD, April 2018.

“Should I Stay or Should I Go: Decision Making on Active Duty Service Extension,” Annual Meeting of Society of Uniformed Services Psychiatrists, New York, NY, May 2018.

“Ethical Issues in the Management of Transgender Patients,” (Panel), Annual Meeting of the American Psychiatric Association, New York, NY, May 2018.

West JC, Spangler PT, Dempsey CL, Possemato K, McKenzie S & Benedek DM, “Riluzole for PTSD: Efficacy of a Glutamatergic Modulator as Augmentation Treatment for Combat- related PTSD,” (poster), MHSRS Conference, Orlando, FL, Aug 2018.

Dempsey CL, Benedek DM, Zuromski KL, Nock MK, Riggs C, Ng TH, Exley SL, Broshek CE and Ursano, RJ, “Firearm Accessibility and Suicide: Results from the Army Study to Assess Risk and Resilience in Servicemembers (Army STARRS),”(poster), Annual Meeting of the International Society for Traumatic Stress Studies, Washington DC, Nov 2018

“Education for Trauma Informed Care: From Macro to Micro, Personalized Medicine to Public Health,” National Academy of Sciences, Engineering and Medicine of Global Forum on Innovation in Health Professional Education, Washington DC, Nov 2018.

“Suicide in the US Military: Update from Army STARRS,” 6th Annual Marne Behavioral Health Summit, Fort Stewart, GA, Dec 2018

“Ethical Issues in Behavioral Health Care for Service Members and Veterans,” 6th Annual Marne Behavioral Health Summit, Fort Stewart GA, Dec 2018

“Combat-Operational Stress and Mental Health Issues in Deployment,” 16th Congress of the International Society of Travel Medicine,” Washington DC, June 2019

“Combat-Operational Stress and Mental Health Issues in Deployment,” 16th Congress of the International Society of Travel Medicine,” Washington DC, June 2019

“Relationship Between Trauma Type and PTSD Symptom Cluster Severity” (poster) Axelowitz J, Mai J, Phares A, Spangler P and Benedek D, USUHS Research Day, Bethesda, MD, May 2020.

“Fostering Community Health & Well-being in Challenging Times,” (livestream panel presentation), Walter Reed Army Institute of Research, Washington, DC, June 2020.

"Wellbeing of Healthcare Workers during COVID19,” (livestream panel presentation), Uniformed Services University Center for Disaster Medicine and Public Health, Bethesda, MD, June 2020.

Dempsey, CL., Benedek, D. M., Zuromski, K., Nock, M. K., Aliaga, P., Ao, J., George, M.W., Broshek, C., Mullins-Hussain, B., Weinberg, A., and Ursano, R. J. (2020). Risk and Resilience of Lifetime Stressful Experiences among US Army Soldiers at Risk for

Suicide. (Poster). Presented at the American Psychological Association, Virtual Convention, Washington, DC.

Spangler, P., Azad, A., West, J., Benedek, D., Zhang, L., Gill, J., Dempsey, C., Paxton, M., Phares, A., Mai, J. (2020). Nightmare Deconstruction and Reprocessing: Integrating Collection of Physiologic Stress Indicators via Wearable Technology and Genomic Analyses

in Piloting a Psychotherapy for Trauma-Related Nightmares. (Poster). Division 29, American Psychological Association, APA Aug, 2020, Virtual Convention, Washington, DC.

Phares, AM, West JC, Spangler PT, Dempsey CL, Jiang, SH, Lin AP, Hillman KI, Bolis MA & Benedek DM (Apr 2021), Longitudinal Neurochemicl Changes of Riluzole Augmentation in Posttraumatic Stress Disorder Treatment in a Veteran Sample (poster), 15th Annual Amygdala, Stress and PTSD Conference, Bethesda, MD.

Azad, A., Benedek, D., Bolis, M., Dempsey, C., Gill, J., Hillman, K., Phares, A., West, J., Zhang, L., Hu, X., Spangler, P. (2021, April). *Integrating Physiologic Assessment of Sleep Disturbance and In-Session Stress in a Pilot Trial of an Exposure-Based Treatment for Trauma-Related Nightmares and Insomnia.* Poster presented at the 15th Annual Amygdala, Stress, and PTSD Conference: Stress and the Mind. Virtual

Dempsey CL, Benedek DM, Zuromski, KL, Nock, MK, Aliaga P, Ao J, Georg, MW, Mullins-Hussain B, Weinberg A., Ursano R. (May 2021). Social Closeness and Support are Associated with Lower Risk of Suicide among U.S. Army Soldiers. Poster presentation at the Association for Psychological Science (APS) Virtual Convention.

Spangler, P., West, J., Benedek, D., Zhang, L., Gill, J., Dempsey, C., Adams, D., Paxton, M., Phares, A., Hillman, K., Bolis, M. (2021, June). *Preliminary Results from a Pilot Trial of a Novel Treatment for PTSD Nightmares: Feasibility of Collecting Physiologic and Genetic Data as Indicators of Treatment Process and Outcome.* Panel presentation, 2021 Annual Meeting of the Society for Psychophysiological Research. Virtual

Dempsey, C. L., Benedek, D. M., Zuromski, K. L., Nock, M. K., Aliaga, P., Ao, J., Georg,

M. W., Mullins-Hussain, B., Weinberg, A., Ursano, R. (August 2021). Social Closeness and Support are Associated with Lower Risk of Suicide among U.S. Army Soldiers (Poster) presentation at the Military Health System Research Symposium (MHSRS) Meeting. Kissimmee, FL.

Spangler, P., Benedek, D., Dempsey, C., Gill, J., Guedes, V., Hu, X., Mebane, S., Paxton- Willing, M., Phares, A., West, J., Winslow, B., Zhang, L. (2021, August). Nightmare deconstruction and reprocessing: Integrating analysis of genetic and physiologic data in piloting a psychotherapy for trauma-related nightmares. Poster, Military Health Systems Research Symposium (virtual).

Phares, A., Spangler. P., West, J., Straud, C., Dempsey, C., Benedek, D. M. (2021, August). *The Relationship Between Frequency and Type of Childhood Trauma and PTSD in a Military Sample.* Poster presented at the American Psychological Association Convention. Virtual.

Dempsey, C. L., Benedek, D. M., Zuromski, K. L., Nock, M. K., Aliaga, P., Ao, J., Georg,

M. W., Mullins-Hussain, B., Weinberg, A., Ursano, R. (October 2021). Social Closeness and

Support are Associated with Lower Risk of Suicide among U.S. Army Soldiers, (Poster), 21st World Psychiatric Association (WPA) World Congress of Psychiatry

Dempsey, C. L., Benedek, D. M., Zuromski, K. L., Nock, M. K., Aliaga, P., Ao, J., Georg,

M. W., Mullins-Hussain, B., Weinberg, A., Ursano, R. (November, 2021). Social Closeness and Support are Associated with Lower Risk of Suicide among U.S. Army Soldiers. Virtual poster presentation at the International Society for Traumatic Stress Studies (ISTSS) 37th Annual Meeting. Virtual.

Dempsey, C. L., Benedek, D. M., West, J. C., Nock, M. K., Zuromski, K. L., Georg, M. W., Ao, J., Weinberg, A., Mullins-Hussain, B., Bossarte, R. M., Ursano, R. J. (March, 2022).

Principal Reasons for Gun Ownership and Suicide Risk in U.S. Army Soldiers and Veterans. (Poster), Anxiety and Depression Association of America (ADAA) Conference. Denver, CO.

Spangler, P., West, J., Dempsey, C., Benedek, D., J., Gill, J., Phares, A., Winslow, B., Zhang, L. (2022, March). Nightmare Deconstruction and Reprocessing: Preliminary Results of a Novel Treatment for Nightmares and Insomnia. Presentation in a panel, Through the Darkness: Examining Relationships Between PTSD, Nightmares, and Sleep, Denver, Colorado

Dempsey, C. L., Benedek, D. M., West, J. C., Nock, M. K., Zuromski, K. L., Ao, J.,Georg,

M. W., Mullins-Hussain, B., Weinberg, A., Bossarte, R.M., Ursano, R. J. (April 2022). Firearm Behavioral Practices and Suicide Attempt and Ideation in U.S. Army Soldiers and Veterans. Virtual poster presentation at the 16th Annual Amygdala, Stress, and PTSD Conference, Bethesda, MD

Kwang H Choi, Sharon Y Kim, Sorana Raiciulescu, Alyssa A Soumoff, Patricia A Kemezis, Elizabeth A Spinks, and David M Benedek (Apr 2022), Association between Traumatic Brain Injury and Psychiatric Disorders in Wounded Service Members (Poster). Neuroscience Open House Bethesda, MD.

West, J.C. & Benedek, D.M. (Apr 2022) Resiliency in Mass Casualty Events: Application of Military Combat and Operational Stress Control. Presentation at Hardwiring Resiliency Conference, Boston, MA.

Dempsey, C.L., Benedek, D.M., West, J.C., Nock, M.K., Zuromski, K.L., Georg, M.W., Ao, J., Probe, D., Blumhorst, A., Dhanraj, N., Bossarte, R.M., & Ursano, R.J. (2022, September). *Weapon Storage Practices, Reasons for Gun Ownership and Suicide Risk in*

*U.S. Army Soldiers and Veterans.* Poster presentation at the Military Health System Research Symposium (MHSRS), Kissimmee, FL.

Dempsey, C.L., Benedek, D.M., West, J.C., Nock, M.K., Zuromski, K., Georg, M.W., Ao, J., Bossarte, R.M., Ursano, R.J. (2022, November). *Reasons for Gun Ownership and Suicide Risk in Servicemembers: A target for intervention.* Symposium abstract accepted for

presentation at the Association for Behavioral and Cognitive Therapies (ABCT) Convention. New York, NY

Kim, S.Y., Soumoff, A. A., Raiciulescu S., Kemezis, P.A., Spinks, E.A., Ursano, R.J., Benedek, D.M., and Choi, K.H. (2022, December 1). Association of Mild Traumatic Brain Injury and Neuropsychiatric Symptoms in Wounded Military Service Members [Poster presentation]. USUHS Neuroscience Program Thirty-Second Winter Symposium & Poster Show, Bethesda, MD.

Hu, X. Z., Ursano, R. J., Benedek, D., M.,Li, X. X., Zhang, L. (2022, December 1). The association of p11 with the depressive severity in Service Members [Poster presentation]. USUHS Neuroscience Program Thirty-Second Winter Symposium & Poster Show, Bethesda, MD.

Benedek D.M., “Military Extremism: What We Know and Don’t Know,” 2 DEC 2022, (Invited Presentation), University of Pittsburgh Medical Center, University of Pittsburgh- Carnegie Mellon University Collaboratory Against Hate Speaker’s Series, Pittsburgh, PA

Benedek D.M., “If you build it will they come? Transforming the USU Psychiatry Department into a Global Professional Community,” (Presentation), DoD Psychiatry Global Grand Rounds, 7 Dec 22, virtual.

Greenhalgh A, Richardson K, Phares A, Hillman K, Peechatka, A, Kahn J, Azad A, Benedek D, Teisberg M, (21 MAY 2023) “A Pilot Study of App-Based

Biofeedback in Active-Duty Service Members,” (Poster), Annual Meeting of the American Psychiatric Association, San Francisco, CA.

Nicholson RM, Williams JK, Garfinkle T, Greene E, MD, Kumer KD, Benedek DM, Paruchabutr K, Moret N, Best, NI, (June 4,2023), “High Anxiety: Intense Emotion Simulation and Safety for Participants,” (Poster), Annual Conference, Association of Standardized Patient Educators, Portland, OR

Benedek DM, (August 15, 2023) “Psychopharmacology & Combat: Return to Military Duty or Re-Integration into Civilian Life,” (Virtual Presentation, Invited) UKRESG2302243OCE Behavioral Health Workshop Rzeszów, Poland

Benedek DM (September 14, 2023),” Protecting the Workforce Beyond COVID19,” (Invited Panel Presentation), in “New Perspectives on Resilience, Foreign Service Institute Resilience Symposium,” Arlington VA.

Dempsey, C. L., West, J. C., Bossarte, R. M., Benedek, D.M., Spangler, P.T., Nock, M. K., Zuromski, K., Georg, M. W., Ao, J.,Haller, K.H., Probe, D.M., MA., & Ursano, R. (2023, Nov). Firearm Behavioral Practices and Suicidal Behaviors in U.S. Army Servicemembers and Veterans: Opportunities for Suicide Intervention and Prevention. Poster presentation at the National Research for the Prevention of Firearm-Related Harms, Chicago, IL.

Bossarte, R. M., Dempsey, C. L., West, J. C. Benedek, D.M., Spangler, P.T., Nock, M. K., Zuromski, K., W., Ao, J., Haller, K.H.,Probe, D.M., MA., & Ursano, R. (2023, Nov). Associations between Individual and Area Level Factors and Firearm-Related Suicide among Soldier and Veterans. Poster presentation at the National Research for the Prevention of Firearm-Related Harms, Chicago, IL.

Benedek DM, (Nov 16, 2023) “Fostering Resilience after Combat: Return to Military Duty Re-Integration into Civilian Life,” Virtual Presentation recorded in Ukrainian) with Livestream Panel Q & A ) available at https://darnytsia.ua/en/doctors/vplyv-ta-naslidky-psykhotravmy-na-mentalne-zdorovia/rozladi-ta-robota-z-psikhotravmoyu-pid-chas-viyni-vebinar-5