

PERSONAL INFORMATION



Iryna Frankova

Gender Female | Date of birth 08/11/1986 | Nationality Ukraine

CURRENT POSITION
2022 - NOW

Assistant Professor, department of clinical, neuro- and developmental psychology
Vrije University Amsterdam, Amsterdam, The Netherlands

2021 - NOW

Chair, Traumatic Stress Network, European College of Neuropsychopharmacology (ECNP)

2016 - NOW

Assistant Professor, Medical Psychology, Psychosomatic Medicine and Psychotherapy Department

Bogomolets National Medical University, Kyiv, Ukraine

WORK EXPERIENCE

2010 - 2022

Clinical Psychologist, Psychoneurological Department, Kyiv Clinical Railway Hospital # 1, Kyiv, Ukraine

2010 - 2016

Researcher, Research Institute of Social and Forensic Psychiatry and Drug Abuse of Ministry of health of Ukraine, Kyiv, Ukraine

2009 - 2010

Medical Psychology Trainee, Department of Psychoneurology
Kyiv Railway Clinical Hospital #1, Kyiv, Ukraine

EDUCATION AND TRAINING

01.2023

Mental Health and Psychosocial Support in Complex Emergencies
Fordham University, USA

09.2022

Problem Management Plus (PM+) Trainer
Vrije University Amsterdam, WHO Collaborating Center

2016-2018

Infant Observation
The joint Ukrainian-British project "Mental health of infants and babies - Tavistock model" Kyiv, Ukraine

2015-2019

PhD, Medical Psychology

Kharkiv Medical Academy of Post Graduate Education, Kharkiv, Ukraine

- 2014-2006 **Group Analyst, Co-trainer**
Section of Group Psychoanalytic Psychotherapy, Association of Psychotherapists and Psychoanalysts of Ukraine, Kyiv, Ukraine
- 2009-2010 **Medical Psychology training**
Bogomolets National Medical University, Kyiv, Ukraine, Kyiv Clinical Railway Hospital #1, Psychoneurological Department, Ukraine
- 2003-2009 **Medical Degree**
Bogomolets National Medical University, Kyiv, Ukraine

KEY PUBLICATIONS

1. Frankova, I., Vermetten, E., Shalev, A. Y., Sijbrandij, M., Holmes, E. A., Ursano, R., ... & Zohar, J. (2022). Digital psychological first aid for Ukraine. *The Lancet Psychiatry*. [https://doi.org/10.1016/S2215-0366\(22\)00147-X](https://doi.org/10.1016/S2215-0366(22)00147-X)
2. Frankova, Iryna, Karl Scheeres, Giulia Menculini, Uğur Cikrikcili, Ioan-Costin Matei, Matthäus Fellingner, Ilaria Riboldi, Laura Uzer-Kremers, and Levent Küey. "Forcibly displaced persons and mental health: A survey of the experiences of Europe-wide psychiatry trainees during their training." *Transcultural Psychiatry* (2022) <https://doi.org/10.1177/13634615221135421>
3. Gargot, T., Kisand, H., Miguel, A., Tanyeri, S., Soron, T. R., Serene, B., ... & Frankova, I. (2021). Preventing Post Traumatic Stress Disorder in the general population induced by trauma during the COVID pandemic: A simple brief intervention based on cognitive science that could be delivered digitally. *European Journal of Trauma & Dissociation*, 5(2), 100193. <https://doi.org/10.1016/j.ejtd.2020.100193>
4. Vermetten E., Frankova I., Carmi L., Chaban, O. & Zohar J. (Eds.), (2020) Risk management of terrorism induced stress: NATO Science for Peace and Security Series, Sub-series E: Human and Societal Dynamics, Vol 148. IOS Press. The Netherlands. <http://ebooks.iospress.nl/volume/risk-management-of-terrorism-induced-stress-guidelines-for-the-golden-hours-who-what-and-when>
5. Frankova I. (2019). Similar but Different: Psychological and Psychopathological Features of Primary and Secondary Hikikomori. *Front Psychiatry*, 10:558. doi: 10.3389/fpsy.2019.00558. PMID: 31447713; PMCID: PMC6696793.

PRODUCTS AND SERVICES

'First Aid To Terror' - Risk Management of terrorism induced stress. Guideline for Golden Hours and First Month App - <http://firstaidtoterror.com/>

'Friend. First Aid', Telegram based chat bot low intensity intervention for Ukrainians affected by war (available in Ukrainian and English language) - https://t.me/friend_first_aid_bot Description: [https://doi.org/10.1016/S2215-0366\(22\)00147-X](https://doi.org/10.1016/S2215-0366(22)00147-X)

HONOURS AND AWARDS

- 2017 **European Federation for Psychiatric Trainees Porto Research Award**
- 2015 **ECNP Research Internship, Scholarship**,
2 weeks scholarship at the PTSD and OCD laboratory, Department of Psychiatry, Chaim Sheba Medical Center, Israel

MEMBERSHIPS

- 2021 - now European College of Neuropsychopharmacology / Traumatic Stress Net
Chair of the Network
- 2022 - now Ukrainian Psychosomatic Medicine Association
Executive director
- 2019 - now Association of Psychotherapists and Psychoanalysts/ Group psychoanal
Psychotherapy Section
Membership secretary, co-trainer
- 2019 - now European Psychiatric Association / Early Career Psychiatrists' Task Force
Professional Development
Member of the Task force
- 2015 - now European College of Neuropsychopharmacology
Member
- 2010 - now Association of Psychotherapists and Psychoanalysts of Ukraine
Member

LANGUAGE SKILLS

- Mother tongue(s) Ukrainian
- Other language(s) English including level (independent user)
Russian (proficient user)
German (basic user)