HAROLD S. KUDLER, M.D. PSYCHIATRIST

POSITIONS HELD:

CURRENT:	Adjunct Associate Professor Department of Psychiatry and Behavioral Sciences Duke University Medical Center July 2014 to present
PREVIOUS:	Acting Assistant Deputy Under Secretary for Health Patient Care Services VA Central Office May 2017 to June 2018
	Acting Deputy Chief Patient Care Services VA Central Office February 2017 to March 2017
	Chief Consultant for Mental Health Services VA Central Office July 2014 to June 2018
	Associate Director Mental Illness Research, Education, and Clinical Center (MIRECC) Mid-Atlantic Veterans Integrated Service Network (VISN 6) August 2004 to July 2014
	Staff Psychiatrist Durham Veterans Affairs Medical Center July 1984 to July 2014
	Associate Professor Department of Psychiatry and Behavioral Sciences Duke University Medical Center May 2002 to June 2014
	Psychiatric Consultant Personal Assistance Service Duke University May 1995 to June 2014
	Clinical Lead Rural Health Program Mid-Atlantic Veterans Integrated Service Network (VISN 6) April 2010 to December 2013

Coordinator, Mental Health Service Line Veterans Integrated Service Network No. 6 January 2002 to April 2010

Interim Director Mental Illness Research, Education, and Clinical Center (MIRECC) Mid-Atlantic Veterans Integrated Service Network (VISN 6) August 2006 to May 2008

Acting Chief Medical Officer Veterans Integrated Service Network No. 6 May 2004 to April 2005

Psychiatrist Private Diagnostic Clinic Duke University Medical Center February 1994 to June 2002

Assistant Chief, Psychiatry Service Durham Veterans Affairs Medical Center August 1993 to January 2002

Interim Director, Residency Training Department of Psychiatry and Behavioral Sciences Duke University Medical Center June 1998 to October 1998

Acting Chief, Psychiatry Service Durham Veterans Affairs Medical Center August 1992 to July 1993

Director, Mental Health Clinic Durham Veterans Affairs Medical Center September 1987 to August 1992

Consulting Psychiatrist Randolph County Mental Health Center Asheboro, North Carolina August 1984 to August 1991

Assistant Clinical Professor Department of Psychiatry and Behavioral Sciences Duke University Medical Center September 1991 to April 2002

Associate in Psychiatry Duke University Medical Center July 1984 to September 1991

Chief Resident/Clinical Instructor Yale Psychiatric Institute New Haven, Connecticut July 1983 to June 1984

Clinician Yale Child Study Center New Haven, Connecticut July 1982 to June 1984

PROFESSIONAL ACTIVITIES:

Duke University Psychiatry Residency Education Committee (1992 to 2014) Duke University Medical School Admissions Committee (1990 to 2004) Course Director, Modern Psychotherapy (4th year medical course) (1986 to 2014) Co-Founder and Steering Committee Member, North Carolina Study Center for Psychoanalytic Psychotherapy (1991 to 2005), Course Director (1992-1995) Chairman, Duke Psychiatry Residency Curriculum Committee (1992-1998) Residency Class Coordinator, Duke University Medical Center Department of Psychiatry (1993 to 1997) Instructor, Human Behavior (1st year medical course) (1984 to 1996) Duke Psychiatry Medical Student Education Committee (1987 to 1994) Durham VA Medical Center Research and Development Committee (1987 to 1991) Chairman, Subcommittee on Undergraduate Education, International Society For Traumatic Stress Studies (1989 to 1991) Co-Founder, Triangle Study Group for Disorders Related to Traumatic Stress Editorial Advisory Group, Journal of Traumatic Stress Ad Hoc Reviewer, Archives of Internal Medicine Ad Hoc Reviewer, Biological Psychiatry Ad Hoc Reviewer, Journal of Personality Disorders Ad Hoc Reviewer, New York State Journal of Medicine Ad Hoc Reviewer, Department of Veterans Affairs Merit Review Research Program Ad Hoc Book Reviewer, American Journal of Psychiatry Ad Hoc Book Reviewer, Academic Psychiatry Chairman, Veterans Affairs Medical Centers Network 3 Mental Health Advisory Group (includes Psychiatry, Psychology, Social Work, and Nursing Services of the 4 North Carolina VA Medical Centers), (1994 to 1995) Chairman, Veterans Affairs VISN 6 Mental Health Advisory Group (includes Psychiatry, Psychology, Social Work, and Nursing Services of 8 VA Medical Centers in North Carolina, Virginia, and West Virginia), (1995 to 1996) Member, Veterans Integrated Services Network Mental Health Subcouncil (coordinates Psychiatry, Psychology, Social Work, and Nursing Services of 8 VA Medical Centers in North Carolina, Virginia, and West Virginia), (1996 to 2014) Member, Federal Advisory Board, Mental Health and Behavioral Sciences Division, Department of Veterans Affairs, (1995 to 2000) Founding Member, Committee on Practice Guidelines for the Treatment of Posttraumatic Stress Disorder, International Society for Traumatic Stress Studies, (1996 to present, Chairman 1996 to 1997), Chair, Sub-Committee on Psychodynamic Treatment of PTSD

Technical Advisor, <u>Birdy</u> , an Actors Equity Production produced at Duke University as part of the Duke on Broadway series, Duke Department of Drama (2000)		
Deputy Chair, Program Committee, Annual Meeting, International Society for Traumatic Stress		
Studies (2000)		
Co-Chair, VA Under Secretary for Health's Special Committee on PTSD (2000 to 2005)		
Member, Board of Directors, International Society for Traumatic Stress Studies (2002 to 2003,		
2004-2007, 2009-2014), Chair, Membership Committee (2005 to 2010)		
Member, Board of Directors, North Carolina Psychoanalytic Foundation (2003 to 2014)		
Chair, (2004 to 2007, 2013-2014)		
Member, DoD/VA Deployment Mental Health Subcommittee (2004 to 2006)		
Member, Advisory Group, Sesame Workshop Talk, Listen, Connect (2006 to 2014)		
Visiting Professor, Institute for Clinical Social Work, Chicago, IL. Military/Veteran		
Specialization Program. (2012-2013)		
Duke Co-Lead, Joining Forces Initiative Association of American Medical Colleges partnership		
(2012-2014)		
Chair, Service Members and Veterans Initiative, American Psychoanalytic Association (2011-		
Present)		
Chair, Social Issues Department, American Psychoanalytic Association (2013-2014)		
Co-Chair, North Carolina Focus on Returning Service Members, Veterans and their Families (2006-2014)		

EDUCATIONAL BACKGROUND:

RESIDENCY:	Department of Psychiatry Yale University School of Medicine 25 Park Street New Haven, Connecticut 06519 Morton F. Reiser, M.D., Chairman William Sledge, M.D., Director of Training Dates Attended: July 1979 to June 1983
MEDICAL SCHOOL:	State University of New York Downstate Medical Center Brooklyn, New York 11203 Degree: M.D. Dates Attended: August 1975 to May 1979
UNDERGRADUATE:	State University of New York at Albany Albany, New York 12222 Majors: Biology and English Degree: B.A., Magna Cum Laude Dates Attended: August 1971 to May 1975
PSYCHOANALYTIC TRAINING: Psycho	University of North Carolina-Duke University banalytic Education Program

Adult Program, Advanced Candidate Child Program. Candidate Dates Attended: 1984 to present

MEDICAL LICENSURE:

North Carolina

SPECIALTY BOARDS:

American Board of Psychiatry and Neurology November 1985

PROFESSIONAL ORGANIZATIONS:

North Carolina Psychiatric Association American Psychiatric Association International Society for Traumatic Stress Studies (Three times elected to Board of Directors) North Carolina Psychoanalytic Association (Affiliate Member) American Psychoanalytic Association (Candidate Member) North Carolina Psychoanalytic Foundation (Chair, 2004 to 2007, Board Member 2003 to present) National Association of Veterans Affairs Physicians and Dentists National Association of VA Psychiatrists in Administration and Leadership Royal Society of Medicine, Overseas Fellow

PROFESSIONAL HONORS:

Honored Teacher Award, Duke University Medical Center, Department of Psychiatry, 1993

Nancy C.A. Roeske, M.D. Certificate of Recognition for Excellence in Medical Education, American Psychiatric Association: Presented at the May, 1996 Annual Meeting of the American Psychiatric Association

Edith Sabshin Award for Excellence in Psychoanalytic Teaching, American Psychoanalytic Association: Presented at the December, 2003 Annual Meeting of the American Psychoanalytic Association

Distinguished Fellow of the American Psychiatric Association, 2005 Distinguished Life Fellow of the American Psychiatric Association, 2016

State of Maryland Meritorious Civilian Service Medal, Maryland National Guard, 2010

Member, North Carolina Institute of Medicine (2012- present)

Inducted, Order of the Long Leaf Pine by the Governor for service to North Carolina, 2013

Order of the Caduceus, Old North State Medical Society, 2015

PERSONAL INFORMATION:

BORN: April 29, 1953, Brooklyn, New York

MARRIED: 1976, three children

COMMUNITY INVOLVEMENT:

Cub Scout Pack 820, Chapel Hill, N.C. Cubmaster (1987 to 1989), Committee Chair (1989 to 1990)

Beth El Synagogue, Durham, N.C., Board Member, Youth Activities Chairperson (1988 to 1991)

- Duke Hillel Foundation, Duke University, Durham, N.C. Advisory Board (1994 to 1996), President (1995 to 1999)
- Freeman Center for Jewish Life, Member, Board of Directors (1999-2003), Chair, Board of Directors (2001 to 2003)

PUBLICATIONS:

Kudler H. Disclosing diagnosis (letter). Hospital and Community Psychiatry, 35:731-732, 1984.

- Kudler H. The lives and legends of Jacques Lacan (Book Review). <u>American Journal of</u> <u>Psychiatry</u>, 142:766, 1985.
- Conrad, C.D., Kudler H. Symptom exacerbation in psychotically depressed adolescents due to high desipramine plasma concentrations. Journal of Clinical Psychopharmacology, 6:161-164, 1986.
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- Davidson, J., Kudler, H., Smith, R. Personality in chronic post-traumatic stress disorder: A study of the Eysenck inventory. Journal of Anxiety Disorders, 1:295-300, 1987.
- Davidson, J., Glover, V., Clow, A., Kudler, H., Meador, K., Sandler, M. Tribulin in post-traumatic stress disorder. <u>Psychological Medicine</u>, 18:833-836, 1988.
- Smith, M.A., Davidson, J., Ritchie, J.C., Kudler, H., Lipper, S., Chappell, P., Nemeroff, C.B. The corticotropin-releasing hormone test in patients with posttraumatic stress disorder. <u>Biological Psychiatry</u>, 26:349-355, 1989.
- Kudler, H. The tension between psychoanalysis and neuroscience. <u>Psychoanalysis and</u> <u>Contemporary Thought</u>, 12:599-617, 1989.
- Davidson, J., Smith, R., Kudler, H. Familial psychiatric illness in chronic post-traumatic stress disorder. <u>Comprehensive Psychiatry</u>, 30:339-345, 1989.
- Davidson, J., Smith, R., Kudler, H. Validity and reliability of the DSM-III criteria for posttraumatic stress disorder: Experience with a structured interview. Journal of Nervous and Mental Disease, 177:336-341, 1989.

Koenig, H.G., Goli, V., Shelp, F., Kudler, H.S., Cohen, H., Meador, K.G., Blazer, D.G. Antidepressant use in elderly medical inpatients: Lessons from an attempted clinical trial. Journal of General Internal Medicine, 4:498-505, 1989.

- Kudler, H.S., Davidson, J.R., Stein, R., Erickson, L. Measuring results of treatment of PTSD (Letter). <u>American Journal of Psychiatry</u>, 146:1645-1646, 1989.
- Davidson, J.R.T., Kudler, H.S., Smith, R.N. The place of pharmacotherapy in post-traumatic stress disorder, in <u>Biological Assessment and Treatment of Post-Traumatic Stress</u> <u>Disorder</u>. Earl Giller, Editor. APA Press, Washington, DC, 1990.
- Davidson, J., Kudler, H., Smith, R., Mahorney, S.L., Lipper, S., Hammett, E., Saunders, W.B., Cavenar, J.O. Treatment of post-traumatic stress disorder with amitriptyline and placebo. <u>Archives of General Psychiatry</u>, 47:259-266, 1990.
- Kudler, H. Modern perspectives in the psychiatry of the neuroses (Book Review). Journal of <u>Traumatic Stress</u>, 3:623, 1990.
- Davidson, J.R., Kudler, H.S., Saunders, W.B., Smith, R.D. Symptom and comorbidity patterns in World War II and Vietnam veterans with posttraumatic stress disorder. <u>Comprehensive</u> <u>Psychiatry</u>, 31(2):162-70, 1990.
- Kudler, H. Trauma and the Vietnam war generation: Report of the findings from the National Vietnam Veterans Readjustment Study (Book Review). <u>Journal of Nervous and Mental</u> <u>Disease</u>, 179:644-645, 1991.
- Kudler, H. What is psychological trauma? <u>National Center for Post-Traumatic Stress Disorder</u> <u>Clinical Newsletter</u>, 2(1):8, 1991.
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- Kudler H. Psychodynamic Psychiatry In Clinical Practice: The DSM IV Edition (Book Review). Academic Psychiatry, 19:(3)177-179, 1995.
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Fortney, J.T., Kudler, H., Mann, E.S. Gays, Lesbians, HIV infection, and admission to medical school (Physician's Roundtable). North Carolina Medical Journal, <u>58</u>:126-128, 1997.

Beck, D.A., Koenig, H., Kudler, H., Cohen, H. Minor depression in medical patients (Abstract). <u>Psychosomatics</u>, 38:168, 1997.

Beckham, J.C., Braxton, L.E., Kudler, H.S., Feldman, M.E., Lytle, B., Palmer, S. Minnesota multiphasic personality inventory profiles of Vietnam combat veterans with posttraumatic stress disorder and their children. Journal of Clinical Psychology, 53:847-852, 1997.

Kudler, H. Psychotherapy. In <u>Educational Review Manual in Psychiatry</u>, K. R. Krishnan, Editor. Castle Connolly Graduate Medical Publishing, LLC, New York, 1999.

- Kudler, H. The limiting effects of paradigms on the concept of psychological trauma. In <u>The</u> <u>International Handbook of Human Response to Trauma</u>, A.Y. Shalev, R. Yehuda, A.C. McFarlane, Editors. Plenum, New York, 2000.
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- Kudler, H.S., Blank, A.S., Krupnick, J.L. The psychodynamic treatment of PTSD. In <u>Effective</u> <u>Treatments For PTSD: Practice Guidelines from the International Society for Traumatic</u> <u>Stress Studies</u>, E. Foa, T.M. Keane, and M.J. Friedman, Editors. Guilford Publications, Inc., New York, 2000.

Hertzberg, M.A., Feldman, M.E., Beckham J.C., Kudler, H.S., Davidson, J.R. Lack of efficacy

for fluoxetine in PTSD: a placebo controlled trial in combat veterans. <u>Annals of Clinical</u> <u>Psychiatry</u>, 12(2):101-5, 2000.

Kudler, H. Response to Disaster: Psychosocial, Community, and Ecological Approaches (Book Review). Journal of Psychosomatic Research, 53:1186, 2002.

Heldring, M., Kudler, H. The primary health care system as a core resource in the response to terrorism. Journal of Aggression, Maltreatment & Trauma, 10:541-552, 2005.

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- Kudler, H.S., Blank, A.S., Krupnick, J.L., Herman, J.L., Horowitz, M.J. The psychodynamic treatment of PTSD. In <u>Effective Treatments For PTSD: Practice Guidelines from the</u> <u>International Society for Traumatic Stress Studies</u>, E. Foa, T.M. Keane, and M.J. Friedman, Editors. Guilford Publications, Inc., New York, 2008.

Kudler, H., Straits-Troster, K. Partnering in support of war zone veterans and their families. <u>Psychiatric Annals</u>, 39(2):64-70, 2009.

Eggleston, A.M., Straits-Troster, K., Kudler, H. Substance use treatment among recent veterans. North Carolina Medical Journal, 70(1):54-8, 2009.

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- Kudler, H., Straits-Tröster, K., Brancu, M. Initiatives to improve access to behavioral health services in the Veterans Affairs Health System [Invited Commentary]. <u>NC Medical</u> <u>Journal</u>, 72(1):40-42, 2011.
- Straits-Tröster, K. A., Brancu, M. Goodale, B., Pacelli, S., Wilmer, C, Simmons, E. M., Kudler, H. Developing community capacity to treat post-deployment mental health problems: A public health initiative. <u>Psychological Trauma: Theory, Research, Practice, and Policy</u>, 3(3):283-291, 2011.
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- Kudler, H. A psychodynamic conceptualization of retraumatization. In M.P. Duckworth & V.M. Follette (Eds.), <u>Retraumatization: Assessment, Treatment, and Prevention</u> (pp.33-59). New York, NY: Routledge, 2012.
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- Kudler, H., Porter, R. I. Building communities of care for military children and families. <u>Future</u> of Children, 23(2), 163-185, 2013.
- Kudler, H. The concept and treatment of psychological trauma. (Abstract) <u>European Journal of</u> <u>Psychotraumatology</u>, 5 doi:http://dx.doi.org.proxy.lib.duke.edu/10.3402/ejpt.v5.26514, 2014.
- Kudler, H. Helping clinicians who care for trauma survivors (Commentary). Journal of the American Academy of Physician Assistants, 27(5):12-13, 2014.
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- Crawford, E.F., Elbogen, E., Wagner, H.R., Kudler, H., Calhoun, P.S., Brancu, M., & Straits-Troster, K. Surveying Treatment Preferences in Iraq-Afghanistan Veterans with PTSD

Symptoms: A Step Toward Veteran-Centered Care. <u>Journal of Traumatic Stress</u>, 28(2):118-126, 2015.

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- Kudler, H. The Psychoanalytic Concept and Treatment of Psychological Trauma: An Evolving Perspective. In S. N. Gold, J. M. Cook, C.J. Dalenberg (Eds.), APA Handbook of Trauma <u>Psychology: Volume 2</u> (pp. 295-326), Washington, D.C.: American Psychological Press, 2017.
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BIOGRAPHICAL SKETCH

HAROLD S. KUDLER, M.D.

Dr. Kudler received his M.D. from Downstate Medical Center in Brooklyn, New York and completed psychiatric residency training at Yale University. He joined the Duke Faculty and the Durham VA Medical Center in 1984 and is Adjunct Associate Professor in its Department of Psychiatry and Behavioral Sciences, Dr. Kudler served as Mental Health Coordinator for Veterans Integrated Service Network, Number 6 (VISN 6) from 2002 through 2010. In this capacity, he managed the Mental Health Service Line for eight VA Medical Centers and their outlying facilities (distributed across North Carolina, Virginia and West Virginia) and represented the Network's mental health programs at local and national levels. From 2010 through 2014, he served as VISN 6 Rural Health Clinical Lead responsible for development and dissemination of best practices in support of Rural Veterans. From 2004 to 2014, he was Associate Director of the VISN 6 Mental Illness Research, Education and Clinical Center (MIRECC) which develops and disseminates best practices in support of Service Members, veterans, and their families. Dr. Kudler is an advanced candidate in the Psychoanalytic Education Center of the Carolinas (Adult and Child Programs) and co-founded the Psychoanalytic Psychotherapy Study Center of North Carolina. He has served as Interim Director of Residency Training and as Chair of the Residency Curriculum Committee and as a member of the Residency Executive Committee in the Department of Psychiatry and Behavioral Sciences, Duke University Medical Center. Dr. Kudler received the Honored Teacher Award from the Duke University Medical Center Department of Psychiatry in 1993 and the Nancy C.A. Roeske, M.D. Certificate of Recognition for Excellence in Medical Education from the American Psychiatric Association in 1996. In 2003, Dr. Kudler was awarded the Edith Sabshin Award from the American Psychoanalytic Association for Excellence in Teaching. Dr. Kudler's expertise in posttraumatic stress disorder (PTSD) stems from clinical and research work with combat veterans, exprisoners of war, survivors of other traumatic events, and their families. He has reported on many aspects of PTSD including its diagnosis, its biological and psychological characteristics, and its treatment. Dr. Kudler was the founding Chair of the PTSD Practice Guidelines Task Force of the International Society for Traumatic Stress Studies and first author of that Task Force's Treatment Guideline for the Psychodynamic Treatment of PTSD. From 2000 through 2005, he co-chaired the Under Secretary for Veterans Affairs' Special Committee on PTSD. This committee, which reports directly to the House and Senate Committees on Veterans Affairs, is charged with assessing and guiding VA's national continuum of PTSD care, education, research, and benefits. In 2002, Dr. Kudler was selected to champion a joint VA/ Department of Defense project to develop clinical practice guidelines for the management of traumatic stress and he participated in the revision of that Guideline in 2010. In 2002 and, again, in 2004, 2009, and 2012, Dr. Kudler was elected to the Board of Directors of the International Society for Traumatic Stress Studies. In 2004, Dr. Kudler was elected Chair of the North Carolina Psychoanalytic Foundation. In 2005, he co-chaired the first Joint DoD/VA Conference on Post Deployment Mental Health and was named a Distinguished Fellow of the American Psychiatric Association. He has been actively involved in establishing DoD/VA/State and Community Partnerships in support of combat veterans and their families in North Carolina and Virginia and helps promote similar partnerships in other states and, between 2006 and 2014, served as Co-Chair of the North Carolina Focus on Returning Service Members, Veterans and their Families. In 2007 he was named Chair of the American Psychiatric Association's Committee on Mental Healthcare for Veterans & Military Personnel & their Families and joined the Advisory Group of Sesame Workshop's Talk, Listen, Connect II program which has produced a Sesame Street video designed to assist families with young children when a wounded combat veteran returns home. In 2011, he became Co-Chair of the American Psychoanalytic Association's Soldiers and Veterans Initiative, and, in 2013, became chair of its Social Issues Department. In 2012, he was appointed by the Governor to the North Carolina Institute of Medicine. In 2013, Dr. Kudler was inducted into the Order of the Long Leaf Pine by the Governor for service to the state of North Carolina. In July 2014, Dr. Kudler was named Chief Consultant for Mental Health Services in VA Central Office. He subsequently served as Acting Assistant

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Deputy Under Secretary for Patient Care Services for Veterans Health Administration, United States Department of Veterans Affairs until his retirement from VA in June 2018. Dr. Kudler continues to serve on the Duke faculty and plays an active leadership role in a number of professional organizations and as a without compensation employee in the VA Physician Ambassador Champion Program. He also provides consultation in clinical and administrative settings and is developing an integrated set of writing projects designed to advance the mental health and wellness of Service Members, Veterans, their families and communities.