JORDAN

Special Initiative for Mental Health

KEY ACHIEVEMENTS 2025

01 Mental health services integrated into primary care nationwide, with 290 family physicians trained in mhGAP

02 Secondary care expanded with a new Community Mental Health Center in East Amman and a new inpatient unit in Irbid General Hospital

03 Completed a national long-stay patient assessment to support transition from institutional to community-based care

04 Launched SAKINA, a nursing-led community-based rehabilitation initiative promoting service user empowerment, recovery and deinstitutionalisation

05 Strengthened child and adolescent mental health services, training 200+ primary care providers in screening and early detection.

ACTIVITIES 2025

STRENGTHENING SPECIALISED AND COMMUNITY-BASED CARE

- Assessment of long-term stay patients at the National Centre for Mental Health (NCMH) completed, facilitating transitions from institutional to community-based care transition
- National Center for Rehabilitation of Addicts (NCRA) facilities boosted with a new fitness and wellbeing facility to support holistic recovery
- Mental health and psychosocial support integrated into WHO-led medical evacuation response for patients from Gaza, and supporting continuity of care

INCREASED AVAILABILITY OF MENTAL HEALTH SERVICES

- Outcome fully achieved: mental health services integrated into primary health care nationwide
- Additional mhGAP training completed for 45 family physicians, bringing the total number trained to 290
- mhGAP Training of Trainers (ToT) implemented for 25 psychiatrists to expand the national pool of certified trainers and supervisors
- Expanded mhGAP implementation with 25 primary health care workers (GPs and nurses)
- Ministry of Health standard operating procedures (SOPs) for inpatient and outpatient mental health facilities updated, strengthening referrals and links to primary health care
- Four child and adolescent mental health workshops conducted for 74 primary health care workers in collaboration with the School Health Directorate. An additional 150 providers were trained on child and adolescent mental health screening tools, supported from EU-funding
- Newly constructed facilities in East Amman and Irbid formally handed over to the Ministry of Health who will allocate human resources, equipment and oversee service delivery

GOVERNANCE, POLICY AND ADVOCACY

- Mental Health and Cancer Forum co-organised under the patronage of HRH Princess Ghida Talal reinforcing integration of mental health into cancer care
- Mental health technical support provided for Jordan's Ministry of Health Strategy 2026-2030
- Jordan joined the WHO EMRO Regional Coalition for Mental Health and Substance Use Prevention, strengthening inclusive reform and participation of people with lived experience
- National youth initiative "Healthy Minds, Bright Futures" advanced mental health literacy nationwide
- At the 7th Global Mental Health Summit, WHO Jordan showcased the country's integration of mental health into primary care as a sustainable, scalable model

PRIORITIES FOR 2026:

- **Official inauguration and operationalisation of the new inpatient unit in Irbid General Hospital**
- **Stakeholder consultations to develop the revised National Mental Health Action Plan 2027–2030**
- **Expansion of mhGAP supervision and workforce capacity strengthening**
- **A collaboration with the Lions Clubs Jordan to expand secondary care services at MOH General Hospital and expanding access to mental health services for people living with and affected by cancer**
- **Resource mobilisation to further strengthen and consolidate advances in Jordan's mental health services**
- **Continued strengthening of referral pathways, governance mechanisms, and multisectoral engagement for sustainable mental health reform**

Dr Tedros, with Prince Harry and Meghan, the Duke and Duchess of Sussex, visited the National Center for Rehabilitation of Addicts (NCRA) to witness Jordan's recovery efforts

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WHO SPECIAL INITIATIVE FOR **MENTAL HEALTH**

World Health Organization